

# Nutrition Facts

## SUPER FOOD SALAD

### Amount Per Serving

**Calories** 623.4

Calories from Fat 252.9

### % Daily Value\*

**Total Fat** 27.2g **42%**

Saturated Fat 6.6g **33%**

*Trans* Fat 0g

**Cholesterol** 20.3mg **7%**

**Sodium** 1256.2mg **52%**

**Total Carbohydrates** 81g **27%**

Dietary Fiber 6.8g **27%**

Sugars 28.9g

**Protein** 18.6g

Vitamin A **0%**

Vitamin C **9%**

Calcium **5%**

Iron **1%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

